



Ylang Ylang “Soothing”

Cananga odorata

Body/Emotional/Other Benefits

Ylang ylang essential oil is:

- Antidepressant – uplifting, dispels anxiety and depression
- Antiseptic – helps to control infection
- Antispasmodic – prevents and eases spasms and relieves cramps
- Aphrodisiac – exciting sexual desire
- Balancing – to the nervous system and hormones
- Sedative – reduces functional activity, calming

Ylang ylang is beneficial for: hyperventilation, tachycardia, and panic attacks; anger and aggression; anxiety and depression; balancing sebum flow; stimulating hair growth; stimulating the liver and endocrine glands; regulating kidney and adrenal function; insomnia; hypertension; muscular aches and pains; aiding female infertility, frigidity, and impotence.

Suggested Use

Dilute 10 drops in 1 oz carrier oil or lotion for application to the skin or in the bath. For steam inhalation use 4 drops in 2 cups of hot water.

Use ylang ylang in a carrier lotion for balancing any skin condition, whether dry or oily, sensitive or mature. Also add a drop or two to your favorite shampoo and conditioner to help stimulate hair growth and treat split ends.

Use two to three drops of ylang ylang in a Kasia H2EO® AirCare Ultrasonic Diffuser for uplifting and dispelling any negative emotion such as anger, depression, shock, or fear. Also wonderful for creating a romantic environment.

Chemical Constituents

benzyl acetate, cresal, farnesene, geranyl acetate



Kasia Apothecary Essential Oils

Our distiller growers provide GCMC traces to us to ensure authenticity and therapeutic quality.
Kasia products are not intended to diagnose, cure or prevent any disease.



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